

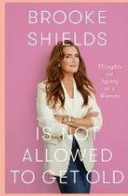
Title:
Figuring Out Thirty

Author:
Bridget Hustwaite

Published:
2025

Non-Fiction

When Bridget Hustwaite blew out her thirtieth birthday candles, she had no idea of the profound changes that awaited her in this new decade. Instead of ticking off the traditional expectations (buy a house, get married, start a family), Bridget's list of early thirties life moments looked wildly different to what she anticipated. Her long-term relationship of five years had just ended, she said goodbye to her dream job, was diagnosed with ADHD and became a lockdown dog mum. And that was just the beginning... *Figuring Out Thirty* covers the big questions we ask ourselves as the defining decade looms.



Title:
Is Not Allowed to Get Old

Author:
Brooke Shields

Published:
2025

Biography

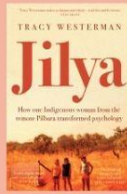
Brooke Shields has spent a lifetime in the public eye. Growing up as a child actor and model, her every feature was scrutinised, her every decision judged. Today Brooke faces a different kind of scrutiny: that of being a 'woman of a certain age'. And yet, for Brooke, the passage of time has brought freedom. At fifty-nine, she feels more comfortable in her skin, more empowered and confident than she did decades ago in those famous Calvin Kleins. Now, in *Brooke Shields Is Not Allowed to Get Old*, she's changing the narrative about women and ageing.



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International Women's Day 2025 Reading List

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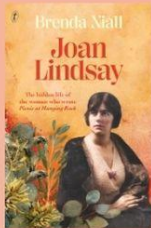
Title:
Jilya

Author:
Tracey Westerman

Published:
2024

Non-fiction

From humble beginnings in the remote Pilbara, psychologist and Nyamal woman Tracey Westerman has redefined what's possible at every turn. Despite neither of her parents progressing past primary school, and never having met a psychologist before attending university, Tracy went on to become the first Aboriginal person in Australia to complete a PhD in Clinical Psychology, rising to become one of the country's foremost psychologists. Against significant odds, she commenced her own private business to challenge the way the mental health profession responds to cultural difference, and recently established a charitable foundation and scholarship program to mentor Indigenous people from our highest-risk communities to become psychologists.



Title:
Joan Lindsay

Author:
Brenda Niall

Published:
2025

Biography

One of Australia's foremost biographers examines the life of Joan Lindsay, the author of one of Australia's most enduring novels *Picnic at Hanging Rock*.

Joan Lindsay's *Picnic at Hanging Rock* has captivated and perplexed generations. But the woman behind the novel is as much an enigma as the disappearance of the fictitious schoolgirls and their teacher.



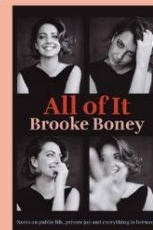
Title:
The Mademoiselle Alliance

Author:
Natasha Lester

Published:
2025

Adult Fiction

Morocco, 1928. Eighteen-year-old Frenchwoman Marie-Madeleine is not the kind of woman who goes through life sitting down, something her new husband can attest. Her unconventionalities - rally car driving, flying planes and dabbling in intelligence work for the government - earn her a reputation, but she knows who she is at heart: an adventurer. Paris, 1938. As Europe teeters on the brink of war, a chance encounter with a mysterious man codenamed Navarre turns Marie-Madeleine's life upside down.



Title:
All Of IT

Author:
Brooke Boney

Published:
2025

Non-Fiction

Brooke Boney has been in the public eye for over a decade, first as a recognisable face on *The Today Show*. These essays are about everything from the various forms of love that make up a life, to how that love has been sustained through generations of colonisation and violence, and from the concerns that make up your early thirties - fertility, ageing, career progression - to discovering what's actually worth fighting for.



Title:
Cher

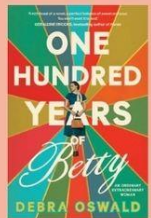
Author:
Cher

Published:
2025

Biography

After more than seventy years of fighting to live her life on her own terms, Cher finally reveals her true story in intimate detail, in a two-part memoir.

Her remarkable career is unique and unparalleled. The only woman to top Billboard charts in seven consecutive decades, she is the winner of an Academy Award, an Emmy, a Grammy, and a Cannes Film Festival Award, and an inductee to the Rock and Roll Hall of Fame who has been lauded by the Kennedy Center. She is a lifelong activist and philanthropist.



Title:
One Hundred Years of Betty

Author:
Debra Oswald

Published:
2025

Adult Fiction

One ordinary extraordinary woman living through a century of massive change, from the bestselling author of *The Family Doctor*. Set against a century of world events and social upheavals, Betty takes us to the frontlines of the anti-war protests and the women's liberation movement of the 1970s, to the AIDS crisis during the 1980s, to Mexico and eventually becomes a TV screenwriter. Even in her nineties, Betty is still passionately engaged with the world, still surprising us.



Title:
We Are the Stars

Author:
Gina Chick

Published:
2024

Biography

Gina Chick, the inaugural winner of *Alone Australia*, tells the story of her extraordinary, indomitable life. From day one of her wildly unconventional childhood, Gina Chick blazed her own trail, which led her to dance through the hidden world of '90s Sydney nightlife into the arms of a conman. She fled to the wilderness to find healing, began a wondrous love affair with the deepest lessons life - and death - can offer, and found that all the answers are written in the wisdom of the body and the whirling silence of stars.



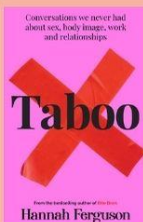
Title:
The Whisperer's War

Author:
Jackie French

Published:
2025

Adult Fiction

Claverton Castle, 1940. Lady Deanna, the aristocratic granddaughter of the Duke of Claverton, spends her days shovelling manure and her evenings in blue satin, attending dinner parties to gather intelligence from the many Nazi sympathisers among Britain's powerful upper classes. She is an excellent spy: the information she gleans may prove vital in the months ahead. But when she becomes enmeshed in the German plot to restore the Duke of Windsor to the throne of England and ensure an alliance with Hitler, she must feign cooperation and risk her life for the sake of her country.



Title:
Taboo

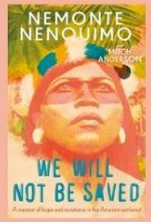
Author:
Hannah Ferguson

Published:
2025

Non-Fiction

A vulnerable exploration of modern womanhood that weaves deeply personal stories with opinions and advice on sex, friendship, family, career and beyond.

This part-memoir, part feminist-manifesto meets women where they are and as they are. Hannah exposes and celebrates the messy, honest and insular parts of ourselves in a book designed to feel like a late-night conversation with your best friend - one that will make you laugh, cry and that you'll never want to end.



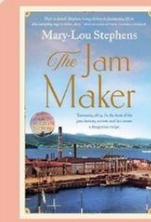
Title:
We Will Not Be Saved

Author:
Nemonte Nenquimo

Published:
2024

Memoir

Born into the Waorani tribe of Ecuador's Amazon rainforest, Nemonte Nenquimo was taught about plant medicines, foraging, oral storytelling, and shamanism by her elders. Age 14, she left the forest for the first time to study with an evangelical missionary group in the city. Eventually, her ancestors began appearing in her dreams, pleading with her to return and embrace her own culture. She listened. Two decades later, Nemonte has emerged as one of the most forceful voices in climate-change activism.



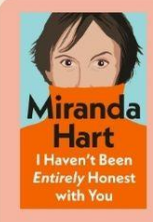
Title:
The Jam Maker

Author:
Mary-Lou Stephens

Published:
2025

Adult Fiction

Tasmania, 1874. Growing up in the impoverished tenements along the Hobart Rivulet, Harriet Brown is used to doing whatever it takes to survive. Including, at just twelve years old, shearing off her hair and pretending to be a boy to secure a job as label-paster at the George Peacock and Sons jam factory. Four years later, the deceit becomes too much to bear and Harriet risks everything on the chance at a future with her ambitious friend and workmate Henry Jones.



Title:
I Haven't Been Entirely Honest with You

Author:
Miranda Hart

Published:
2024

Non-fiction

Hello to you, I am with news. I have a new book. Basically, I have had an unexpectedly difficult decade - there have been surprising joys, but also challenging lows. I shall be honest about those, because what I discovered in the difficult times were my, what I call, treasures. Practical tools, values, ways, answers researched from some great scientists, neuroscientists, therapists, sociologists (all the 'ists') out there, that have led to a sense of freedom, joy, peace and physical recovery I never would have thought possible.