

Title: A day with no words

Author: Rahma Rodaah,

Published:

Picture book

A Day With No Words, a colourful and engaging picture book for young readers, shares what life can look like for families who use nonverbal communication, utilising tools to embrace their unique method of "speaking."



fiction ebook

Title: The autist's guide to the galaxy

Author: Clara Törnvall,

Published: 2024

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A playful guide to understanding the ways of 'normal people', *The*Autist's Guide to the Galaxy flips our usual scripts about neurodiversity.

A cheeky and illuminating social manual that turns the tables on autism conversations by focusing on how to engage with neurotypical people.







Reserve these titles and search for more on this topic on our library catalogue library.bathurst.nsw.gov.au

2025 READING LIST



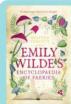
<u>Title:</u> Late Bloomer: how an autism diagnosis changed my life

Author: Clem Bastow

Published: 2021

Late Bloomer is a heartfelt coming-of-age memoir that will change the way you think about autism. Clem Bastow grew up feeling like she'd missed a key memo on human behaviour.

It wasn't until Clem was diagnosed as autistic, at age 36, that things clicked into focus.



<u>Title:</u> Emily Wilde's Encyclopaedia of Faeries

Author: Heather Fawcett

Published: 2023

Adult fiction

An intrepid professor journeys to a small town to study faerie folklore, where she discovers dark fae magic, friendship, and love, in this heart-warming and enchanting fantasy. Emily Wilde is good at many things: she is the foremost expert on the study of faeries. She is a genius scholar and a meticulous researcher who is writing the world's first encylopaedia of faerie lore. But Emily Wilde is not good at people.



Title: Unique

Author: Jodi Rodgers

Published: 2024

Adult nonfiction

Beloved star of ABC TV's award-winning Love on the Spectrum and disability rights advocate Jodi Rodgers shares stories from her three-decade career stories from her three-decade career working with the autistic community and calls for a more inclusive and accepting society where we are more empathetic and curious about all the relationships in our lives. Jodi explores the powerful impact of embracing neurodiversity and forming meaningful connections with those around us.



Title: Keedie

Author: Elle McNicoll

Published: 2024

fiction

Keedie is figuring out how to be her bold, brave self in a town that wants her to be quiet. Her twin sister Nina seems to care more about being popular, and Keedie knows her little sister Addie is more similar to her than her family knows.

When she starts standing up to people's bullying, everyone wants her to pretend nothing is wrong with the way things are. But firecracker Keedie wants things to change... and she wants things to be better.



Title: We're all neurodiverse

<u>Author:</u> Sonny Jane Wise

Published: 2024

Adult nonfiction

Radical, accepting and kind. This is the neurodiversity paradigm. This guide challenges your assumptions of who is and isn't neurodivergent with own voice narratives reflecting on intersections of race, gender and sexuality and directly opposes the pathology paradigm. At its heart, it is a rallying cry to be a neurodiversity affirming society.



Title: Strange Sally Diamond

Author: Liz Nugent

Published: 2023

Adult fiction

Sally Diamond cannot understand why what she did was so strange. She was only doing what her father told her to do, to put him out with the rubbish when he died.

Now Sally is the centre of attention, not only from the hungry media and worried police, but also a sinister voice from a past she has no memory of



Title: White noise

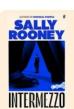
Author: Raelke Grimmer

Published: 2024

Teen fiction

Fifteen-year-old Emma is woken up by her dad's nightmares. Again. On Friday evenings they go running at East Point Reserve to escape. Escape the ripples of grief that still chase them three years after her mum's death; escape Emma's autism diagnosis; escape her dad's work as an emergency room doctor.

Set in tropical Darwin, White Noise is an achingly true portrayal of girlhood, grief, and autism from the authentic and gripping voice of Raelke Grimmer.



Title: Intermezzo

Author: Sally Rooney

Published: 2024

Adult

fiction

Intermezzo follows two brothers, lvan and Peter, in the year following the death of their father. Ivan is a 22-year-old socially awkward competitive chess player, while Peter is in his 30s and a successful human rights lawyer in Dublin. On the outside, they could not be more different, and indeed they do not get along. Yet they are both grieving, in their own way



Superheroes for

a day

Author: Craig Cormick. Illustrated by Lauren Mullinder.

Junior fiction Published: 2024

In Superheroes for a Day, three friends with high-functioning autism transform their unique abilities into superpowers to save their school from endless maths. This engaging story normalizes the experiences of autistic kids in an entertaining and accessible way, making them the accessible way, making them the heroes and offering a fresh perspective on neurodiversity.



Title: The curiosities

Author: Zana Illustrated by Phil Lesnie.

Picture book

Published: 2022

When the Curiosities choose Miro as the one they nest on, Miro is led to discover all the marvels waiting in the shadows where no one else looks. Sometimes though, the Curiosities can make Miro feel alone and invisible in the darkness. But perhaps Miro isn't as alone as he thinks.



Title: The awesome autistic guide to feelings and emotions: finding your comfort zone

Published: 2024

Understanding your feelings and emotions is an incredibly important part of learning to become your most awesome autistic selfl Enn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know about your feelings and emotions, using tips and tricks they have picked up along the way to help you calm your brain down when it feels overloaded.



lunior nonfiction

Title: The awesome autistic guide to other humans relationships with friends and family

Published: 2024

Let's face it, other humans can be difficult to understand sometimes! There is no need to worry! Yenn,
Tanya and a tiny meerkat called Min
are here to help you find out
everything you need to know about
friendships, improving relationships
with your family members, and how to deal with issues and arguments that can arise with the people in your life.