



Meals/Food Relief

The BIG Lunch— Cafe VIVA

107 William St, Bathurst

Every Thursday from 12pm to 1pm.

A free community lunch in an inclusive and welcoming space and the opportunity to connect with others.

The Church Pantry

3 Church St, Bathurst.

Community Pantry

Open Wednesday and Friday: 10am - 12pm.

HopeCare

6332 5883. Hope Bathurst Church, corner of Gilmour and Hereford Streets, 200 Gilmour St, Kelso.

• Emergency food assistance – to access please phone the number above or email: welfare@hopecare.org.au

• HopeCare Community Pantry - a low cost community pantry service. Open Wednesday 10am - 12pm.

• Hopecare Community Café operating Monday to Friday from 11am - 1pm.

Laneway Community Meal

Email— hello@laneway.church

Laneway Church, entrance along the laneway,

217 Howick Street, Bathurst.

Every Wednesday 6pm to 6:30pm.

Food support and social gathering through a free weekly dinner.

The Little Pantry, The Greens on William

6331 3187

29 William Street, Bathurst.

A food pantry service that is open to all members of the community. Open Thursday: 9am - 11:30am.

Salvos Church—Bathurst

86 Bentinck Street, Bathurst.

Call 8775 7988 for Doorways, Salvos Connect once off emergency Food Voucher assessment line (Monday - Friday 9am- 5pm). Your needs will be assessed and if qualified you will be booked in to collect from Bathurst Salvos Church (address above) on Tuesday or Wednesday 10am-12noon only. For other assistance please go to the national website - salvationarmy.org.au.

The Shelter Café - BUSS

0455 328 966

140a William St, Bathurst.

Operates at the back of the Uniting Church on Saturdays and Sundays from 12 - 2pm. Other programs available Mondays, Wednesdays and Fridays.

Free hot meal and drink, clothing, and bedding.

St Vincent De Paul (Care and Support)

13 18 12

64 Keppel Street, Bathurst.

Support such as food, clothing, linen & furniture.

Interviews to assess needs are by appointment only (please call the number above) and are held 10am - 1pm, Monday and Wednesday, and 9am - 11am Saturday.

StreetHeart Bathurst

0439 293 993

Berry Park, Lions Club Dr, Kelso

Saturdays, late afternoon.

Free meal and drinks provided and other items as available.



Shower/Laundry Facilities and Personal Care

• A free hot shower is available at the back of the Uniting Church (140a William St, Bathurst) around lunchtime each day.

• Free hot shower and washing machine/dryer available at Salvation Army premises, 86 Bentinck St, Tuesday and Wednesday 10am - 12noon. Please bring your own towel.

• The One Voice Mobile Shower Truck provides free, warm, private showers in a safe and welcoming environment, Cooke Hockey Complex, Lions Club Dr, Kelso - Every Wed · 10am - 2pm

• Manning Aquatic Centre (Elizabeth St) provide shower facilities, \$2 per person. Open 6am - 8pm daily.

• *Share the Dignity* free period pack dispenser available in the Bathurst Library public toilets.

• *Escabags Australia* emergency kit containing essential products for people leaving a situation of domestic and family violence available discreetly, free of charge on request at Bathurst Library.

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Emergency Housing

Wattle Tree House

1800 851 858. 95 Rankin Street, Bathurst
Bathurst homelessness support service for families, single men, women and children. Gateway to homelessness and housing support services.

Bathurst Women & Children's Refuge

1800 738 303. Bathurst, NSW
Emergency accommodation for women and children escaping from assault and domestic violence.

Plus Community - The Orchard

1300 384 357. Bathurst, NSW
Email—theorchard@pluscommunity.org.au
Safe and supported emergency housing for women and children escaping domestic and family violence.

Veritas House - Youth Refuge

6331 1675 or 1300 01 1973.
106-108 Russell Street, Bathurst
Supported accommodation for young people aged 15-19 years who are in crisis and/or at risk of homelessness.

The Barracks Men's Shelter

6332 6835. 149 Russell Street, Bathurst
Provides overnight and short-term accommodation for men.

Link2Home

1800 152 152
Information and referral telephone service for people who are homeless or at risk of becoming homeless. May be able to provide temporary accommodation to those in immediate need.



Bathurst Library

Open 10am - 6pm Mon-Fri and 10am - 3pm Sat & Sun.
Access to free Wifi, PCs and outlets to charge devices.
Safe, inclusive, comfortable space for everyone.
Free membership, including for those with no fixed address.



Other Support

Lifeline 13 11 14

www.lifeline.org.au
Immediate support for people in crisis.

13YARN 13 92 76

www.13yarn.org.au
Free and confidential support line for Aboriginal & Torres Strait Islander people.

Beyond Blue Support Service 1300 22 4636

www.beyondblue.org.au
Free telephone and online counselling service open 24/7 for everyone in Australia.

MensLine Australia 1300 78 99 78

www.mensline.org.au
Free telephone and online counselling service offering support for Australian men anywhere, anytime.

Kids Helpline 1800 55 1800

www.kidshelpline.com.au
You can call us anytime and for any reason.
It's FREE to call - including from your mobile.

headspace Bathurst - 6941 9021

A free service supporting young people aged 12 - 25 years and their families who are going through a tough time.

1800 RESPECT - 1800 737 732

www.1800respect.org.au
National sexual assault, domestic and family violence counselling service.

Suicide Call Back Service 1300 659 467

www.suicidecallbackservice.org.au
Counselling for people at risk of suicide, their carers, and people bereaved by suicide.

QLife - 1800 184 527

www.qlife.org.au
Anonymous and free LGBTIQ+ peer support and referral.
3pm to 12 midnight, 7 days.



If you or someone you are with is in immediate danger, please call 000.

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