

## Meals / Food Relief

### Anglicare

6324 1199

3 Church St, Bathurst

Community Pantry - non-perishable foods available,  
Monday, Wednesday and Friday, 10am - 12pm.

Free morning tea - Thursdays, 10am - 12pm.

### HopeCare

6332 5883

Provides support and welfare to the community  
through various food support services such as:

- Emergency food assistance– to access call 6332 5883, Monday - Thursday between 10am - 12pm
- The community pop-up pantry where Centrelink card holders can choose a basket of groceries for \$40 - bread, vegetables and fruit included free; meat, refrigerated and frozen foods extra. Wednesday mornings between 10am-12pm, Hope Bathurst Church, corner of Gilmour and Hereford Streets, 200 Gilmour St, Kelso.
- A free café open five mornings per week - Monday to Friday. Morning tea from 11am and a hot lunch from midday at Hope Bathurst Church, corner of Gilmour and Hereford Streets, 200 Gilmour St, Kelso.

### The Little Pantry, The Greens on William

6331 3187

29 William Street, Bathurst (opposite Red Rooster).

Thursdays between 11am - 1pm & 3pm - 4pm.

\$22 for 11 items, \$32 for 22 items, \$42 for 33 items or \$62 for 50 items. Price includes a box containing bread, fruit and vegetables.

### The Shelter Café

0455 328 966

140a William St, Bathurst

The Shelter Café operates at the back of the Uniting Church on Saturdays and Sundays from 12 - 2pm, with other programs available Mondays, Wednesdays and Fridays.

Free hot food, warm clothes, sleeping bags and a hot shower if needed.

Call if needing assistance.

### Salvation Army

8775 7988 (Assessment Line)

86 Bentinck Street, Bathurst

Access to food vouchers and other financial assistance. After calling the Assessment line you will be directed to your local Salvo Connect office, open Tuesdays and Wednesdays from 10am - 12pm.

### St Vincent De Paul (Care and Support)

6331 4094

Support such as food, clothing, linen & furniture. Interviews to assess needs are by appointment only and are held 10am - 1pm Monday, Wednesday & Friday.

Relevant identification and documents are required at interview (e.g. Centrelink Customer reference number/Pension card, other supporting documentation).

### StreetHeart Bathurst

Macquarie River Bicentennial Park (Peace Park),  
Cnr William St and, Stanley St, Bathurst

Saturdays and Sundays, 4pm - 6pm in colder months (non-daylight savings time) or 5pm - 7pm in warmer months (daylight savings time).

Provides a free meal and drinks, men's and women's dignity bags and other items as available.

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## **Emergency housing**

### Wattle Tree House

1800 851 858

95 Rankin Street, Bathurst

Bathurst homelessness support service for families, single men, women and children. Gateway to homelessness and housing support services.

### Bathurst Women & Children's Refuge

1800 738 303

Bathurst, NSW

24hrs - 7 days - Emergency accommodation for women and children escaping from assault and domestic violence.

### Veritas House - Youth Refuge

6331 1675 or 1300 01 1973

106-108 Russell Street, Bathurst

24hrs - 7days - Supported accommodation to young people aged 15-19 years who are in crisis and/or at risk of homelessness.

### Homeless Men's Shelter

6332 6835

149 Russell Street, Bathurst

Provides overnight and short-term accommodation for men.

### Link2Home

1800 152 152

Information and referral telephone service for people who are homeless or at risk of becoming homeless. This service may be able to provide temporary accommodation to those in immediate need.

## **Shower / Laundry facilities**

A free hot shower is available at the back of the Uniting Church (140a William St, Bathurst) around lunchtime each day.

A free hot shower and washing machine/dryer is available for those experiencing homelessness, at Salvation Army premises 86 Bentinck St, Tuesday and Wednesday 10am - 12noon. Please bring own towel if possible.

Manning Aquatic Centre (Elizabeth St) provide shower facilities, \$2 per person. Open 6am - 8pm.

## **Bathurst Library**

Access to free Wifi, PCs and outlets to charge devices.

Free membership. Comfortable atmosphere.

## **Other Support**

Lifeline 13 11 14

[www.lifeline.org.au](http://www.lifeline.org.au)

Suicide Call Back Service 1300 659 467

[www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

Beyond Blue Support Service 1300 22 4636

[www.beyondblue.org.au](http://www.beyondblue.org.au)

MensLine Australia 1300 78 99 78

[www.mensline.org.au](http://www.mensline.org.au)

Kids Helpline 1800 55 1800

[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

headspace Bathurst - 6338 1100

A free service that supports young people aged 12 - 25 years and their families who are going through a tough time.

1800RESPECT - 1800 737 732

[www.1800respect.org.au](http://www.1800respect.org.au). National sexual assault, domestic and family violence counselling service.

**If you or someone you are with is in immediate danger, please call 000.**

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