# **Bathurst Community Support**





# Meals / Food Relief

#### The Church Pantry

3 Church St, Bathurst.

Community Pantry - non-perishable foods available. Open Monday, Wednesday and Friday: 10am - 12pm. Free morning tea - Thursdays: 10am - 12pm.

#### HopeCare

6332 5883

Hope Bathurst Church, corner of Gilmour and Hereford Streets, 200 Gilmour St, Kelso.

Provides support and welfare to the community through support services, including:

- Emergency food assistance to access please phone the number above or email welfare@hopecare.org.au
- HopeCare Community Pantry a low cost community pantry service. Open Wednesday 10am - 12pm.
- Hopecare Community Café operating at 200 Gilmour St, Kelso: Monday to Friday from 11am - 1pm.

#### Laneway Community Meal

6332 5771

C3 Bathurst Building, Rear 217 Howick Street, Bathurst. Providing the Bathurst community with food support and social gathering through a free weekly dinner. Every Wednesday 6pm to 6:30pm.

### The Little Pantry, The Greens on William 6331 3187

29 William Street, Bathurst (opposite Red Rooster). A food pantry service that is open to all members of the community. Each week there is over 100 items to choose from with fruit, vegetables & bread also available at no additional fee.

Open Thursday: 9am - 11:30am

#### Salvation Army

8775 7988 (Assessment Line) 86 Bentinck Street, Bathurst.

Access to food vouchers and other financial assistance. After calling the Assessment line (open Monday - Friday, 9am - 5pm) your needs will be assessed and you'll be connected to the nearest Salvation Army Connect site.

#### The Shelter Café - BUSS

0455 328 966

140a William St, Bathurst.

The Shelter Café operates at the back of the Uniting Church on Saturdays and Sundays from 12 - 2pm, with other programs available Mondays, Wednesdays and Fridays.

Saturday and Sunday from 12 - 2pm.

Free hot meal and drink, clothing, bedding and a hot shower if needed.

Call if needing assistance.

### St Vincent De Paul (Care and Support)

13 18 12 (option 3)

Support such as food, clothing, linen & furniture. Interviews to assess needs are by appointment only (please call the number above) and are held 10am -1pm Monday and Wednesday.

#### StreetHeart Bathurst

Berry Park, Lions Club Dr, Kelso Saturdays 5:30pm.

Free meal and drinks, men's and women's dignity bags and other items provided as available.



# Shower/Laundry facilities & Personal Care

- A free hot shower is available at the back of the Uniting Church (140a William St, Bathurst) around lunchtime each day.
- A free hot shower and washing machine/dryer is available at Salvation Army premises, 86 Bentinck St, Tuesday and Wednesday 10am - 12noon. Please bring own towel if possible.
- Manning Aquatic Centre (Elizabeth St) provide shower facilities, \$2 per person. Open 6am - 8pm daily.
- Share the Dignity free period pack dispenser available in the Bathurst Library public toilets.
- Escabags Australia emergency kit containing essential products for people leaving a situation of domestic and family violence available discreetly, free of charge on request at Bathurst Library.



**BATHURST LIBRARY** 

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## Emergency housing

#### Wattle Tree House

1800 851 858. 95 Rankin Street, Bathurst Bathurst homelessness support service for families, single men, women and children. Gateway to homelessness and housing support services.

#### Bathurst Women & Children's Refuge

1800 738 303. Bathurst, NSW

24hrs - 7 days - Emergency accommodation for women and children escaping from assault and domestic violence.

#### Plus Community - The Orchard

1300 384 357. Bathurst, NSW theorchard@pluscommunity.org.au

Safe and supported emergency housing for women and children escaping domestic and family violence.

#### Veritas House - Youth Refuge

6331 1675 or 1300 01 1973.

106-108 Russell Street, Bathurst

24hrs - 7days - Supported accommodation to young people aged 15-19 years who are in crisis and/or at risk of homelessness.

#### The Barracks Men's Shelter

6332 6835. 149 Russell Street, Bathurst Provides overnight and short-term accommodation for men.

#### Link2Home

1800 152 152

Information and referral telephone service for people who are homeless or at risk of becoming homeless. May be able to provide temporary accommodation to those in immediate need.



## **Bathurst Library**

Open 10am - 6pm Mon-Fri and 10am - 3pm Sat & Sun. Access to free Wifi, PCs and outlets to charge devices. Safe, inclusive, comfortable space for everyone. Free membership, including for those with no fixed address.



# C Other Support

#### Lifeline 13 11 14

www.lifeline.org.au Immediate support for people in crisis.

#### 13YARN 13 92 76

www.13yarn.org.au

Free and confidential support line for Aboriginal & Torres Strait Islander people in crisis.

# Beyond Blue Support Service 1300 224 636

www.beyondblue.org.au

# MensLine Australia 1300 78 99 78

www.mensline.org.au

## Kids Helpline 1800 55 1800

www.kidshelpline.com.au

#### headspace Bathurst - 6338 1100

A free service that supports young people aged 12 -25 years and their families who are going through a tough time.

#### 1800 RESPECT - 1800 737 732

www.1800respect.org.au National sexual assault, domestic and family violence counselling service.

## Suicide Call Back Service 1300 659 467

www.suicidecallbackservice.org.au Counselling for people at risk of suicide, their carers, and people bereaved by suicide.

## QLife - 1800 184 527

www.qlife.org.au

Anonymous and free LGBTIQ+ peer support and referral. 3pm to 12 midnight, 7 days.

If you or someone you are with is in immediate danger, please call 000.

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